OPSYRIS 2014 Organisation for PSYchological Research Into Stroke

Thursday 18th September, Bangor University POWIS HALL, College Rd (*51 on map) PROGRAMME

1030-1100 REGISTRATION & REFRESHMENTS

1100- 1105 Welcome from the Chair, Audrey Bowen

1105-1110. Welcome from the Local Organiser, Val Morrison

SESSION 1: Stroke impact, Chair- Reg Morris

1110-1130 oral 1: *Does Functional Electrical Stimulation improve thinking whilst walking following stroke?* J.McAdam*, LPJ Kenney, A Bowen, et al. University of Salford, University of Manchester, Sheffield Teaching Hospitals

1130-1150 oral 2: Visual perception after stroke, Martyn Bracewell, Bangor University

1150-1210 oral 3: *Emotion Regulation after stroke: recent findings and potential clinical relevance,* Christian Salas, Head Forward Centre, Manchester:

1210-1300 Keynote Address, Chair- Audrey Bowen

Nadina Lincoln: Opportunities for developing research on psychological aspects of stroke

1300-1330 Lunch buffet (plus informal opportunity to view posters but a guided poster presentation session will run from 1330)

SESSION 2: 1330-1410 "WATCH THIS POSTER SPACE-NEW TRIALS/SERVICE EVALUATIONS" Chair- Val Morrison

Each presenter will summarise protocol/evaluation plan in 5 minutes, then discuss/take questions for 3 minutes

Social and Leisure Activities after stroke: Constantin, I*; Morrison, V; Williams, S; Burton, C., Bangor University

Behavioural Activation Therapy after Stroke (BATS): a feasibility randomised controlled trial of a psychological intervention for post-stroke depression S.A. Thomas, A.E.R. Drummond, <u>N.B.Lincoln</u>*, et al. University of Nottingham.

Evaluation of a redesigned psychology service on an in-patient stroke ward. V. Teggart & C Blakely*, Manchester Mental health & Social Care Trust.

TBC- The Nottingham Fatigue after Stroke (NotFAST) Study. N. Lincoln*, E. Birks, E. Clarke, et al, University of Nottingham, UCL, University of Leicester, University of Manchester.

A grounded theory of healthcare professionals' engagement with sexual concerns within stroke rehabilitation. Alexandra Richards, Salomons Centre for Applied Psychology, Canterbury Christ Church University

SESSION 3: Stroke distress & interventions, Chair- Martyn Bracewell

1410-1430 oral 4: *Perceived patient dependence, support and carer distress within stroke dyads*. V. Morrison, Bangor University.

1430-1450 oral 5: *Self-Discrepancy and Affective Distress after Stroke,* I Iapadatu, Cardiff University.

1450-1510 oral 6: *Evaluation of an ACT-based group intervention for mild-moderate poststroke depression and anxiety*, O.Breen, East London NHS.

1510-1530 oral 7: *"Finding Happiness": Positive psychology group for stroke inpatients*. I. McMakin, S. Fisher* & J. Wilcox, University Hospital Llandough, Cardiff.

1530-1600 Coffee & cake break with Business meeting

1600-1610 Prize & Close

*presenting author

LATE REGISTRATION AVAILABLE: Contact v.morrison@bangor.ac.uk

Cost of £25 incudes lunch and refreshments