

April
2022



Organisation for Psychological Research into Stroke

Spring



Dear OPSYRIS members,

We are bringing you a shorter newsletter this month, but behind the scenes the OPSYRIS team is getting ready for your 'How-to' webinar in a few months, so watch this space for an announcement next month.

Best wishes,
Nele, Kathleen, Andrea and Elise

Photo credit: [https://commons.wikimedia.org/wiki/File:Hello_April_\(2422052001\).jpg](https://commons.wikimedia.org/wiki/File:Hello_April_(2422052001).jpg)

OPSYRIS Annual Meeting

Our call for abstracts is now open.

We would love to hear about your research in stroke. This year, we particularly encourage sharing good clinical practice. Have you tried something new in your service? Tell us about it!

When? Friday 23th September 2022

Where? Durham (UK)

Theme? From research to clinical practice

Abstracts? <http://opsyris.org/meetings/durham-meeting/>



Update from HEADS: UP



HEADS: UP is a new mindfulness course to help people affected by stroke self-manage symptoms of anxiety and depression. 64 participants from across the UK took part in HEADS: UP Stage 3 online pilot RCT. Half of them attended the HEADS: UP course (treatment group) the other half did not attend the course (the control group). The first HEADS: UP online 9-week course has been completed and the remaining 2 courses will finish in April.

Key findings so far:

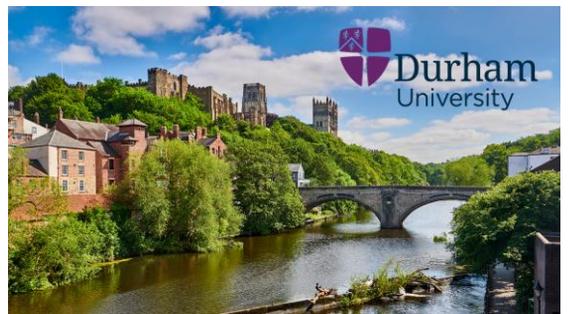
- Participants found the online Zoom course manageable, and the sessions are easy to follow.
- Being part of an 'online group' is enjoyable; it provides company and support
- Mindful practice at home is challenging for some.
- Some people find having a 'partner' to support them throughout the course helpful
- Some participants have seen improvement in symptoms of anxiety and depression

3-year postdoc position

Dr Kathleen Vancleef (Durham University, UK) is looking for a Postdoctoral Research Associate to join her team. They will investigate the diagnostic accuracy and psychometric properties of a new screening tool for visual perception difficulties after stroke in a multi-centre study. Informal enquiries: kathleen.vancleef@durham.ac.uk

For more information and to apply: <https://tinyurl.com/ym3y46sy>

Application deadline: 19th May 2022



Your event, job ads and recruitment

We are very happy to include your event, job ads, and calls for recruitment to your study in our newsletter. Please get in touch with the secretary, Kathleen Vancleef on info@opsyris.org

If you would like to unsubscribe from the OPSYRIS newsletter, please contact info@opsyris.org



@OPSYRIS1