
OPSYRIS 2015

Organisation for PSYchological Research Into Stroke

Monday 12th October, St Martin's Hospital Canterbury

PROVISIONAL PROGRAMME

9:45-10:15 REGISTRATION & REFRESHMENTS

10:15-10:20 Welcome from the Local Organiser, Gina Carter

SESSION 1:

10:20-11:00 *Improving the psychological knowledge of stroke teams: its role in person-centred care*, Mel George

11:00-11:20 *A Service Evaluation of the Salford Consultation-Based Stepped Care Model of Psychological Care*, Caroline Kinney & Sladjana Ivanis

11:20-11:40 *Tailoring relaxation techniques for stroke survivors: findings from a patient and public involvement project* Suzie Xu Wang

11:40-11:55 Refreshment Break

SESSION 2:

11:55-12:15 *Predictors of Post-traumatic Growth*, Grace Kelly

12:15-12:35 *Investigating the Relationship Between Fatigue and Cognition After Stroke*, Christodouli Lagogianni

12:35-13:15 *Challenges in Assessment of Cognition Following Stroke – the Oxford Cognitive Screen*, Nele Demeyere

13:15-13:45 Lunch buffet

(Plus informal opportunity to view the posters)

SESSION 3: Posters

13:45-14:15

Correlates and predictors of apathy, depression and fatigue post-stroke Clíodhna Carroll,
Kent Clinical Neuropsychology Service

Post stroke emotional disorders and cognitive dysfunctions in Saudi Arabia Sami Alarjan,
University of Nottingham

Validation of Behavioural Outcomes of Anxiety (BOA) Questionnaire in Stroke Survivors with Aphasia Alicia Eccles, South Wales Clinical Training Programme

The efficacy of peer support in community stroke rehabilitation Christopher Stamatakis,
South Wales Clinical Training Programme

SESSION 4:

14:15-14:35 *ACTion after Stroke*, Jenna Ivey

14:35- 14:55 *Running a Mindfulness group for Individuals who have had a Stroke*, Sarah
Bircham-Walker

14:55-15:35 *Behavioural activation therapy for depression after stroke (BEADS): a feasibility randomised controlled pilot trial of a psychological intervention for post-stroke depression*,
Shirley Thomas

15:35-16:05 Coffee & cake break with OPSYRIS Business meeting

16:05-16:15 Closing remarks from OPSYRIS Chair, Caroline Watkins, & prize giving

16:15 Close
