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Warm regards, The OPSYRIS Committee, <https://opsyris.org/>

1. **20-YEAR ANNIVERSARY MEETING of OPSYRIS**
Theme- Cognition and emotion after ABI: clinical and technological advances



Join us on **FRIDAY SEPTEMBER 11TH 2026** at **the University of East Anglia, Norwich**, for the 20-year Anniversary meeting of OPSYRIS! This is an in-person hybrid meeting.

<https://opsyris.org/meetings/> - for more info

SUBMIT YOUR ABSTRACT!

- Submit your abstracts by Thursday 30th April 2026 – [submission portal](#)
- You can also submit symposium, talk & poster proposals for OPSYRIS26 as well as **travel award** nominations! (**Notification of decisions end of June 2026**)
- Nominate yourself or colleagues for the OPSYRIS26 **Rising Star Award**



Email nominations for the OPSYRIS26 Rising Star Award for early career researchers or clinicians with a brief (half page) justification to info@opsyris.org. As well as the prestige of winning a commemorative award, the winner is invited to give an oral presentation of their work at the OPSYRIS26 meeting.



REGISTRATION:

- Register to attend in person or online via [Eventbrite](#) (Ticket prices vary £25-60).

JOIN THE OPSYRIS 20th YEAR CELEBRATION DINNER:

On **Thursday, September 10th** we will have our Conference dinner! Join us for dinner with the OPSYRIS keynote speakers and fellow colleagues in stroke psychology. Tickets are £45 (inclusive of booking fees). Location is The Assembly House.



TRAVEL AND ACCOMODATION INFORMATION

- **ACCOMODATION:** We have a couple of recommendations for accommodation for OPSYRIS26:
 - **Broadview Hotel (on campus):** [see details here](#)
 - **George Hotel (on bus route to campus):** [see details here](#)
- **TRAVEL TO NORWICH:** Norwich is easily accessible via public transport:
 - **Plane:** Norwich international airport is close by, offering direct flights to mainland Europe. Stansted airport has a direct train to Norwich too.
 - **Train:** Direct routes available from London Liverpool Street (1hr 45min), Stansted airport (1hr 45min), Peterborough (1hr 28m) and Cambridge (1hr 11mins). Indirect routes include Manchester (4hr 24m), Edinburgh (5hr 40m), Cardiff (4hr 21m), Birmingham (3hr 47m), and Oxford (3hr 8m).
 - **Car:** UEA is easily accessible by car via the A11 or A47, with clear signage directing drivers toward the campus as they approach Norwich. Delegates can follow signs for the University of East Anglia and use the main car parks located close to the conference venues. Parking on campus is limited, see [here](#) for accessible parking.

OPSYRIS

SEE YOU AT UEA!

WFNR
World Federation for Neurorehabilitation

11th September 2026

#OPSYRIS2026

UEA University of East Anglia

2. **NEW WEBINAR OPPORTUNITY:** give us your thoughts

We are continuing our webinar series, with a twist. We are seeking OPSYRIS members to give a webinar at the end of **April** (date decided upon availability of speaker) to inform and upskill our membership.

Webinar attendance is free, and open to all, with a suggested donation to OPSYRIS of £3.

Please fill in this [form](https://forms.gle/kF7Z8a9GiLcRqmYq6) (<https://forms.gle/kF7Z8a9GiLcRqmYq6>) which takes less than 1 minute to complete, to tell us what topic and speaker you'd like to see. Self-nominations are welcome.

Previous topic suggestions included: managing mood after stroke, screening and assessing vision, assessment of hemispatial neglect, getting patients and carers involved in research, tips on recruitment of stroke patients, and how to navigate NHS ethics.

3. **LECTURE SERIES:** WFNR and Lancet Neurology Commission on Neurorehabilitation

Join the WFNR and Lancet Neurology Commission Lecture Series for a talk by Professor Derick T Wade on the unique complexity of neurorehabilitation. He will explore why rehabilitation after brain disorders differs from other forms of care, and why specialist expertise is essential to optimise long-term social and physical outcomes. The lecture will outline the core skills required across all rehabilitation professions, and how this expertise can be taught and evaluated.

“Teaching healthcare professionals about neurological rehabilitation expertise”

4 February 2026 at 1800 CET

Please register at <https://eu01web.zoom.us/meeting/register/VI5uVRNcQdeGCoQbTwTdqq>

4. **SEEKING RESEARCH STUDIES:** Oxford Health NHS Foundation Trust seeks research studies



Oxford Health NHS Foundation Trust are seeking research studies across the trust, including on their 20-bed inpatient stroke rehabilitation unit. A particular focus is requested on decreasing time to discharge, and / or research that includes the whole MDT and can upskill the MDT. To enquire, please contact Naomi.Merritt@oxfordhealth.nhs.uk or Michelle.Little@oxfordhealth.nhs.uk.

5. **EVENT:** European Life After Stroke Forum

Save the dates for the European Life After Stroke Forum (ELASF) on **9–10 March 2026** in Stockholm, a unique European gathering uniting healthcare professionals, researchers, policymakers and people with lived experience to drive improvements in life after stroke.

The programme will showcase the latest research, best practices and real-world insights to inspire collaboration and change across stroke care and support. Don't miss this opportunity to connect, learn and help shape better outcomes for stroke survivors everywhere.

Early bird registration deadline is 16th February 2026.

More details can be found on their website: <https://www.elasf.org/>



6. **LAUNCH:** The Computerised neglect test (CENT) now available

We are pleased to launch the Computerised Extrapersonal Neglect Test (CENT), a rapid, automated clinical neuropsychological assessment of **visual attention** in far (extrapersonal) space that provides precise metrics to support research and clinical practice in conditions such as stroke, traumatic brain injury, and dementia. CENT is **openly available** at the University of East Anglia's UEA Express Licensing portal and can be accessed free of charge [here](#).



7. **Join OPSYRIS**

The Organisation for Psychological Research into Stroke (OPSYRIS) is a Special Interest Group of the World Federation for Neurorehabilitation (<https://www.wfnr.co.uk/>). Our aims are to facilitate and disseminate research on psychological aspects of stroke, inform evidence-based clinical practice in stroke psychology services, and promote consideration of psychological factors in stroke research and clinical settings. **Join OPSYRIS by completing a short membership form here:** <https://opsyris.org/about-us/membership/>



8. STUDY RECRUITMENT:

We are keen to gather insights from a wide range of **clinicians** involved in supporting individuals after Transient Ischaemic Attack (TIA) or Minor Stroke. The **1:1 interview** will explore psychological care (mood and cognition) for people following TIA or Minor Stroke.

To participate or learn more, please scan the QR code below, or click here complete a short [Expression of Interest form here](#).

For additional queries, please contact us at optimise_study@nottshc.nhs.uk.

Optimising Pathways of Psychological Care after Transient Ischaemic Attack and Minor Stroke (OPTIMISE)



Take part in a one-to-one remote interview to help us understand your experiences of support for mood (emotional well-being) and thinking skills (cognition) after a TIA or minor stroke diagnosis

We are looking for:



Individuals who experienced a TIA/minor stroke



Close others (e.g. family, friends) of someone who experienced a TIA/minor stroke



Clinicians and professionals working directly with people who experienced a TIA/minor stroke in the past year

All participants need to be 18 years old or older, live in the UK and be fluent in English

Interested?

Scan QR code to complete this short expression of interest form or contact us:



optimise_study@nottshc.nhs.uk

07468702178

[Click here for OPTIMISE study website](#)



Nottinghamshire Healthcare
NHS Foundation Trust



University of Nottingham
UK | CHINA | MALAYSIA

OPTIMISE Qualitative Study Poster, v2.1, 13.10.25
Research Ethics Ref: FMHS 125-0425
Funder Ref: NIHR302179

FUNDED BY
NIHR | National Institute for Health and Care Research

CALLING ALL STROKE CLINICIANS AND RESEARCHERS!

international recruitment

Are you a clinician, multidisciplinary (allied) healthcare professional, or researcher with a professional interest in stroke?

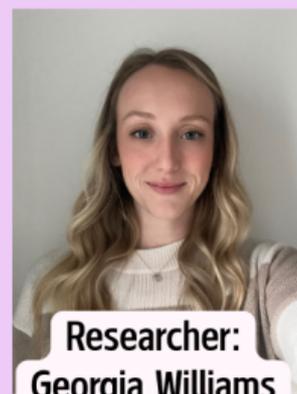


Do you have:

- at least 5 years' experience working with stroke patients

AND/OR

- at least one stroke-related research article in a peer-reviewed journal as first, second, or third author within the last 10 years?



Trainee Clinical Psychologist
Supervised by Dr Alexis Clarke

ABOUT OUR STUDY

We are running a Delphi study to explore how anosognosia (reduced insight) after stroke should be conceptualised and assessed.

Your insights will help to shape future assessment and improve clinical practice.

You will be asked to:

Complete 3 Rounds of online questionnaires via email (approx. 20-30 mins per Round).

£5 per participant will be donated to The Stroke Association on completion of all 3 Rounds.



INTERESTED IN TAKING PART, OR HAVE QUESTIONS?

Scan the QR code to register interest, or contact

Georgia at:

GW537@EXETER.AC.UK