



This issue of our newsletter contains details of the following:

1. **OPSYRIS MID-YEAR WEBINAR:**
Wednesday July 15th 2026 at 12 noon
2. **20-YEAR ANNIVERSARY MEETING of OPSYRIS:** Programme outline release.
3. **Stroke Action Plan for Europe update**
4. **Join OPSYRIS**
5. **STUDY RECRUITMENT:** Body Image after Stroke
6. **STUDY RECRUITMENT:** Delivering diagnosis of TIA, or supporting someone in receiving TIA diagnosis

Warm regards, The OPSYRIS Committee, <https://opsyris.org/>

1. UPCOMING OPSYRIS MID-YEAR WEBINAR: Wednesday July 15th 2026 @ 12noon

By **OPSYRIS**

OPSYRIS MID-YEAR WEBINAR 2026

15 Jul · 12:00
Online

Title: The Mental Practice Variants Model for upper limb recovery after stroke: Towards evidence-based practice and clinical implementation

Register for the event and get more information via [Eventbrite](#).

Biography:

Dr Daniel Eaves is a Senior Lecturer in Biomechanics, with a background in experimental cognitive neuroscience. He mainly investigates the effects of mental practice on human movement in healthy and neurodiverse populations using behavioural and neurophysiological measures. In particular, he has explored the effects of different types of mental practice on motor learning and control, with a focus on combined action observation and motor imagery effects for stroke recovery. Daniel is one of four academics who currently co-lead the Research in Imagery and Observation (RIO) Group.

Webinar attendance is **free**, and open to all, with a suggested donation to OPSYRIS of **£3** (booking fee of £0.96 is extra).

2. 20-YEAR ANNIVERSARY MEETING of OPSYRIS

Theme- Cognition and emotion after ABI: clinical and technological advances

Join us on **FRIDAY SEPTEMBER 11TH 2026** at the **University of East Anglia, Norwich**, for the 20-year Anniversary meeting of OPSYRIS! This is an in-person hybrid meeting.

<https://opsyris.org/meetings/> - for more info

JOIN THE OPSYRIS 20th YEAR CELEBRATION DINNER:

On **Thursday, September 10th** we will have our Conference dinner! Join us for dinner with the OPSYRIS keynote speakers and fellow colleagues in stroke psychology. Tickets are £45 (inclusive of booking fees). Location is The Assembly House.



3. Europe's stroke care shows real progress, but gaps and inequality

New data from the **Stroke Action Plan for Europe (SAP-E)** Stroke Service Tracker, covering 49 countries, show encouraging progress in stroke care across Europe, particularly in prevention planning, acute treatment



pathways, and service organisation. However, there are **persistent inequalities** in access to stroke unit care, rehabilitation, follow-up services, and long-term support.

The findings reveal a marked geographic divide, with many Southern and Eastern European countries continuing to lag behind. Concerns were also raised about incomplete or low-quality national data collection, limiting the ability to monitor outcomes and drive improvement effectively. Strong national stroke registries were identified as essential for accountability and service development.

See the full [media press release here](#).

4. Join OPSYRIS

The Organisation for Psychological Research into Stroke (OPSYRIS) is a Special Interest Group of the World Federation for Neurorehabilitation (<https://www.wfnr.co.uk/>). Our aims are to facilitate and disseminate research on psychological aspects of stroke, inform evidence-based clinical practice in stroke psychology services, and promote consideration of psychological factors in stroke research and clinical settings. **Join OPSYRIS by completing a short membership form here:** <https://opsyris.org/about-us/membership/>



World Federation for
Neurorehabilitation

HELP US UNDERSTAND **BODY IMAGE after STROKE**

Who Can Participate?

- Adults **18 years or older**
- People with **lived experience** after a **stroke**
- **Stroke** occurred at **least 4 weeks ago**
- Living with **residual physical impairment** after stroke
- Able to **read and answer questions in English**

Why are we doing this research?

We aim to understand how **body image and body awareness** change **after stroke**.

Your responses will help identify **better ways to assess and support people during recovery and rehabilitation**

What is Involved?

- Complete a short anonymous online survey (~10mins)
- Share your experience of body image and body awareness after a stroke

How do I sign up?

Scan the QR code or follow the link for more info and to participate!



<https://bit.ly/body-image-stroke>

Questions?

Email: susan.hillier@adelaide.edu.au

Ethics has been approved by Adelaide University's Human Research Ethics Committee: **UniSA 206690**

6. **STUDY RECRUITMENT:** Delivering diagnosis of TIA, or supporting someone in receiving TIA diagnosis

PARTICIPANTS NEEDED!

Have you delivered a
**Transient Ischaemic Attack
(TIA) diagnosis to people,**
**OR supported someone in
receiving a TIA diagnosis?**

**IF SO, WE WOULD LIKE TO HEAR ABOUT YOUR
EXPERIENCE WITH THIS DIAGNOSTIC PROCESS**

Study aim:

To find agreement about how a TIA diagnosis should be delivered.

You will be asked to:

Respond to an online survey every 6 weeks over a 6-month period.

Participant requirements:

- Be a UK resident.
- Be over 18 years old.
- Have good use of the English language.
- Have access to the internet and an email address for communications.

Study benefits:

Contribute to research about people's experience of TIA.

TO PARTICIPATE, 
FOLLOW THE LINK or THE QR CODE
unioflincoln.questionpro.eu/tiastudy



For more information, contact:

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